

Use this worksheet for tips and note taking while following the Jeans Fitting Checklist and Corrections Videos (SP20 & SP21):

Tip #1: Take “Before” Photos

Notes:

Tip #2: Take a look at your paper draft

Notes:

Tip #3: If it ain't broke, don't fix it.

Notes:

Important “Ain't broke” tip: Resist the urge to change the shape of the skirt block portion of your draft. The fit of the skirt block is already “tried and true” (aka “ain't broke”). Unless it is a simple “take in” or “let out”, **try to solve all your fitting puzzles *below the hip line* and in ways that *do not* skew the skirt block's original shape.**

Fitting Checklist Worksheet 2

Tip #4: Double check previous work

Notes:

Important “Double check all previous work” tip:

This also includes your skirt block and your trouser block, which are the foundations for all of your jeans work. Spending time getting your foundations in order will pay off! Revisiting the TEAM TIPS from all previous Chapters/Lessons could also really help with your fitting!

Tip #5: Fit from the top down

Notes:

Important “fit from the top down” tips:

Waist at natural waist and hipline parallel to the floor: These should fit just like they did in your well-fitting skirt block (and trouser block). Feel free to take in or let out if you have a different fit preferences for jeans, but again, **try to solve your fitting puzzles in ways that *do not* skew the skirt block’s original shape.** If you cannot get your mockup’s waistline to match your waist and/or cannot get your hipline straight like it was in your skirt, **experiment with adjusting the new bits *below the hip line*** until the skirt block portions of your draft are able to get back to their “tried and true” positions on your body. Then, *when the top is at the top*, you’ll “fit from the top down...”

Clipping: Don’t forget to clip! If you lower your crotch seam, remember to clip to your stitching line and press it open. If you move a seam into a clipped area, remember to repair the clips. Skipping this step can cause false reads on your experiments.

Fitting Checklist Worksheet 2

Tip #6: Take your Time / Sleep On It

Notes:

Some General Fitting Advice:

- Crotch fitting = Bizarro Zone ("Fitting Checklist" C2/P4)
- Vertical drag lines = too loose
- Baggy Horizontal lines = too long
- Strained horizontal lines = too tight
- Diagonal lines = tension issue between the points
- Natural crumples = good and inevitable

This is a block, not a pants pattern. I'll show you how to turn it into styles you prefer for pants you'll wear when we get into the Pattern & Design Chapter.

Test your theories in multiple mockups. Custom sewing is a trial and error process. Often you need to *start over* in order to test new theories. The more you allow yourself to explore and experiment, the more you'll learn and the more you'll improve and refine your work. Going backward is often the best and quickest way to successfully move forward!

And don't forget to test the fit while standing *and* sitting!

Ask for help! Every body is unique and I love fitting puzzles.

Share! Do you have fitting discoveries, puzzles, or tips to share?