

**Circumferences:**

Heel Circumference \_\_\_\_\_

Half \_\_\_\_\_

Calf Circumference \_\_\_\_\_

Half \_\_\_\_\_

Low Thigh Circumference \_\_\_\_\_

Half \_\_\_\_\_

Thigh Circumference \_\_\_\_\_

**Verticals:**

Calf to Ankle \_\_\_\_\_

Knee to Ankle \_\_\_\_\_

Thigh Length \_\_\_\_\_

Thigh 3rd \_\_\_\_\_

Thigh to Knee \_\_\_\_\_

**Other:**

Caliper measurement: \_\_\_\_\_

On your bowl, mark your: CF waist

CB waist

Front Hipline

Back Hipline

Turn point